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Model No.: HJ-MEIST QUICK START GUIDE EarSleep SE1 In-Ear Bluetooth® Headphone	Product Overview LED indicator (earphone) Power on: White flashes Power off: The white light on 2s and then turn off Pairing is successful: The white light on 1s and then turn off Pairing timed out: The white light on 2s and then turn off Disconnect the phone: White flashes Low battery: The white light flashes once every 5S LED indicator (charging case) Charging: The white light flashes slowly while charging and stays on continuously when fully charged Discharge: When the charging case charges the earphones, the white light stays on and turns off when it is full Low battery: White light flashes slowly	MFB Operation Call Answer/end a call: Double press the MFB button (both left and right earphone can be operated). Reject the call: When an incoming call comes, press and hold for 2 seconds (both left and right earphone can be operated). Volume control Turn down the volume: While music is playing, press the MFB button on your left earphone. Turn up the volume: While music is playing, press the MFB button on your right earphone. Music Play/pause: Double press the MFB button (both left and right earphone can be operated). Previous song: Connected mobile phone status, left earphone quickly press 3 times. Next song: Connected mobile phone status, right earphone quickly press 3 times.	Voice Assistant Put the " JVC EarSleep SE1 " onto your ears and rotate to fit comfortably to get the best wearing and sound quality experience. Ambient sound Connected mobile phone status, long press the right earphone MFB button for 2 seconds to switch ambient sound effects. Sleep Mode When the phone is connected, four strikes to the L or R to enter the sleep mode, four strikes to the L or R again to switch the normal mode. Note:After entering the sleep mode, the touch function of the earphones will be unavailable. You can only switch the mode by four strikes to the L or R.	Wearing Put the " JVC EarSleep SE1 " onto your ears and rotate to fit comfortably to get the best wearing and sound quality experience.	Pairing Open the cover of the charging case ,take out the earphones,the earphones will turn on automatically.For new device connection, turn on the Bluetooth in your device and choose " JVC EarSleep SE1 " from the Bluetooth list to connect. You will hear system prompts after the earphones are connected to the device. If the earphones have been connected before, they will connect to the last connected device automatically after being turned on. Reset In the power on state, touch the MFB of the earphones 5 times (two earphones at the same time),The earphones will automatically power off, return to the charging case, and perform a reset (this clears the pairing record between the earphones and the phone, but does not reset the left/right earphones pairing). When the earphones are taken out again, they will power on and search for a new pairing.	Product Cleaning We recommend regularly cleaning the charging contacts of the charging case and the earbuds, as well as their surfaces.	Attention *Private replacement of batteries without permission is not recommended. *Batteries [battery packs or battery combinations] should not be exposed to lighting, baking or similar overheating environments. *The input voltage and current standard ≤ 5V/0.5A when charging the headset charging compartment from an external power source; The model approval code (CMIIT ID) of the radio transmission equipment of this device has been printed on the product body in silk screen. JVC is a trademark of JVCKENWOOD Corporation, used by Shenzhen Monster Creative Technology Co., Ltd. under license. This product is exclusively developed, manufactured, marketed, and serviced by Shenzhen Monster Smart Internet Co., Ltd. (Shenzhen Monster Creative Technology Co., Ltd.). The Bluetooth® word mark and logos are registered trademarks owned by Bluetooth SIG, Inc. and any use of such marks by Shenzhen Monster Creative Technology Co., Ltd is under license. Other trademarks and trade names are those of their respective owners.	▲Safety Warnings and Precautions To ensure your safety and extend the service life of this product, please strictly follow the warnings below: Environmental Warnings - Do not use this product in extremely high or low temperatures, or in dusty or humid environments. - Avoid direct sunlight, fire exposure, or any overheating conditions. - In environments with strong wireless signals or dense crowds (such as airports, stations, exhibitions, etc.), intermittent connection or interference may occur. This is within normal range. Please continue to use the device later or change the usage environment. Operational Safety Warnings - Do not drop, strike, or subject the product to strong vibrations. - Do not disassemble or modify the device without authorization to avoid hazards or damage. - If any abnormal condition occurs, stop using the product immediately and contact your distributor. Battery and Charging Warnings - When the charging case indicator shows low battery, please recharge in time. If the product is not used for a long period, please recharge it at least once every 30 days. - Use power adapters that comply with national standards and are LVD-certified. - The earbuds contain built-in batteries. Do not expose them to high temperatures or flammable environments. - If the charging port of the earbuds contains foreign objects or has poor contact, gently clean the charging port with a cotton swab dipped in alcohol. Regular cleaning is recommended to ensure proper charging and power-on/off functions. Important Notes - If there are updates or changes to product functions, please refer to the official website or the sales page for the latest information. - Please keep this manual for future reference.
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